

Key Stage Four Home Learning Timetable

During school closure it is important to keep up a routine. Follow the timetable below completing the work set by your teachers on Class Charts.

Day	9.00am— 10.00am	10.00am— 11.00am	Break	11.20am— 12.20pm	12.20pm— 1.20pm	Lunch	2.00pm— 3.00pm	Well- being suggestions
Monday	Science	History / Geography		WELL—BEING	English Language		Option 1	Facetime/ Skype friends or family Clean out your wardrobe Play a board game Try an on-line meditation
Tuesday	Option 2	English Literature		WELL—BEING	Maths		Option 3	Do some exercise—go outside if you can Bake some cakes Help with the household chores Write a diary/ journal
Wednesday	English Language	Maths		Option 1	Science		WELL—BEING	Read a book for pleasure Do a facemask Look after the pets
Thursday	Option 2	Science		WELL—BEING	Maths		Option 3	Help cook tea Do a home workout Play a card game Take part in the weekly house challenge
Friday	WELL—BEING	Maths		History/ Geography	Science		English Literature	Watch a film—without your phone in your hand! Learn a new skill eg. Play a musical instrument, do some origami Tidy the garden